Marina Smith

1. What foods are commonly eaten?

Koushari, shai, baklava, gebna makleyah

2. What does a typical breakfast consist of? Lunch? Dinner? At what times are these meals eaten?

BREAKFAST- tea with bread and honey, hard boiled eggs, and fruit

LUNCH- A complex meal starts off with *mezza*, similar to appetizers. Mezza may include *hummus* (ground chickpeas and sesame-seed paste), stuffed grape leaves, *ta'miyya* (fried patties made with fava beans and spices; if made with chick peas it is called *felafel*), beans, and other light items. The main course usually consists of a meat dish - chicken, beef or lamb, served with rice and bread. Sometimes vegetables comprise the main ingredient. The most common are eggplant, squash, or *moulkhiyya*, a native Egyptian vegetable similar to okra. One common dish is *kushari*, a mixture of rice, pasta, lentils, and spicy tomato sauce topped with a hot sauce and fried onions. Another common dish is *fuul mudammas*, or roasted fava beans that are served much like black beans or pinto beans are served with Mexican dishes, in a soup-like broth and eaten with bread.

DINNER- consists of *mezza* dishes, or dishes left over from lunch

3. What are some (at least two) famous recipes from your country?

4. What are some foods from this country that are commonly eaten in your country? Are the foods prepared differently here than in this country?

Baklava, Pita bread- not prepared any differently because there is no way to change it.

5. What is your personal opinion of this country’s food? What looks appetizing? What looks repulsive? How do you think you are going to do eating this food every day?

The food looks good but much different than the things we eat today. Baklava looks very appetizing. I don’t think that anything looks repulsive. I would do very well eating this everyday.